

19 APRIL 2020

LAP BULLETIN

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TUNE IN

Facebook LAP Live Stream @ 9.30am

Sermon: The Lonely Prophet by bro Ernest Lau

HYMNS FOR TODAY

THE BREAD OF LIFE

by bro Alvin Lin

DON'T LET A GOOD VIRUS GO TO WASTE

by bro Alvin Chan

NEWS & UPDATES

WE ARE HERE FOR YOU

Elders

Bro Jimmy Lau
Bro Michael Yeo

Deacons

Bro Jerry Cheong
Bro Benjamin Tan

Preacher

Bro Ernest Lau

Administrator

Sis Ser Ern

Worthy Art Thou!

149

Tillit S. Teddlie, 1930

Tillit S. Teddlie, 1930

1. Wor - thy of praise is Christ our Re - deem - er; Wor - thy of glo - ry,
 2. Lift up the voice in praise and de - vo - tion, Saints of all earth be -
 3. Lord, may we come be - fore Thee with sing - ing, Filled with Thy Spir - it,

hon - or and pow'r! Wor - thy of all our soul's ad - o - ra - tion,
 fore Him should bow; An - gels in heav - en wor - ship Him, say - ing,
 wis - dom and pow'r; May we as - cribe Thee glo - ry and hon - or,

CHORUS

Wor - thy art Thou! Wor - thy art Thou! Wor - thy of rich - es, bless - ings and
 Wor - thy art Thou!

hon - or, Wor - thy of wis - dom, glo - ry and pow'r! Wor - thy of earth and

heav - en's thanks - giv - ing, Wor - thy art Thou! Wor - thy art Thou!
 Wor - thy art Thou! art Thou!

The Lord's My Shepherd

123

CM

Psalm 23

Arr., Francis Rous, 1646

Alt., *Scottish Psalter*, 1650

ORLINGTON

John Campbell, 1854

1. The Lord's my Shep - herd; I'll not want: He makes me down to
 2. My soul He doth res - tore a - gain, And me to walk doth
 3. Yea, tho' I walk in death's dark vale, Yet will I fear none
 4. My ta - ble Thou hast fur - nish - ed In pres - ence of my
 5. Good - ness and mer - cy all my life Shall sure - ly fol - low

lie In pas - tures green, He lead - eth me In
 make With - in the paths of right - eous - ness, With -
 ill; For Thou art with me, and Thy rod, For
 foes; My head Thou dost with oil a - noint, My
 me; And in God's house for ev - er - more, And

pas - tures green, He lead - eth me The qui - et wa - ters by.
 in the paths of right - eous - ness, E'en for His own name's sake.
 Thou art with me, and Thy rod And staff me com - fort still.
 head Thou dost with oil a - noint, And my cup o - ver - flows.
 in God's house for ev - er - more, My dwell - ing - place shall be.

God Will Take Care of You

51

Civilla D. Martin, 1904

Walter S. Martin, 1904

1. Be not dis-mayed what - e'er be - tide, God will take care of you;
 2. Thro' days of toil when heart doth fail God will take care of you;
 3. All you may need He will pro-vide, God will take care of you;
 4. No mat-ter what may be the test, God will take care of you;

Be - neath His wings of love a - bide, God will take care of you.
 When dan - gers fierce your path as - sail, God will take care of you.
 Noth - ing you ask will be de - nied, God will take care of you.
 Lean, wea - ry one up - on His breast, God will take care of you.

CHORUS

God will take care of you, Thro' ev - 'ry day, O'er all the way;

He will take care of you, God will take care of you.
 take care of you.



THE BREAD OF LIFE

BY BRO ALVIN LIN

Samson once came across an interesting sight of a swarm of bees and honey in the carcass of a lion (Jdg 14:8), and he posed a riddle to his companions: “Out of the eater came forth meat, and out of the strong came forth sweetness.” (Jdg 14:14).

His companions threatened and pestered his wife to entice him to find out the answer and they replied with the answer: “What is sweeter than honey? and what is stronger than a lion?” (Jdg 14:18). While some may consider honey to be the sweetest thing, the Psalmist considers spiritual food to be sweeter than honey (Psa 19:10; 119:103). So how is spiritual food better than physical food?

The bread of a lad (Joh 6:9)

John 6 gives us an account of Jesus feeding a great multitude of 5,000 men. The food was provided by a lad, which comprised of 5 loaves of bread and 2 fishes. The food would have been bought (Joh 6:5), probably by the lad’s mother, and would ordinarily have been just enough for a meal for the boy (Joh 6:9). So, we see that physical food is an essential, yet limited commodity, whose price is dependent on the supply (or lack of it). There are some who go to Christ seeking for physical blessings (Joh 6:26), but such does not profit if one does not realize the importance of the spiritual (Joh 6:63).

The bread from heaven **(Joh 6:32)**

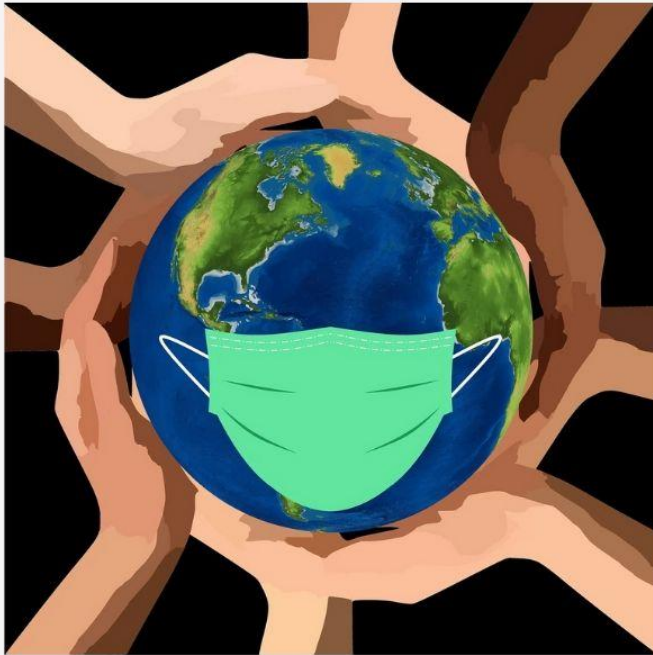
On the other hand, the manna freely given by God in the wilderness (Exo 16:15) was sufficient to feed all the Israelites on a daily basis (Exo 16:18). However, even such “angels’ food” (Psa 78:25), though free and adequate, is still physical in nature. Just like ordinary food, it would spoil (Exo 16:20), those who partook of it would still hunger and have to eat again (Exo 16:35), and they would still eventually die (Joh 6:49). There are some who go to Christ seeking for miracles (Joh 6:30), but such does not profit if one does not realize that the purpose behind the miracles is to prove the identity of Jesus (Joh 6:14) and to confirm His Word (Heb 2:3-4).

The living bread (Joh 6:51)

This bread is the true bread from heaven freely given by God (Joh 6:32) and readily available to “any man” (Joh 6:51). It is superior to physical food because it “endureth unto everlasting life” (Joh 6:27) and those who partake

of it “shall never hunger” (Joh 6:35), but shall “live for ever” (Joh 6:58). How then do we partake of the “bread of life” (Joh 6:35)? Firstly, we have to believe in Jesus who is the source of life (Joh 6:47), otherwise we will “die in [our] sins” (Joh 8:24). Secondly, we have to go to His life-giving Word (Joh 6:63), since we live “by every word that proceedeth out of the mouth of God” (Mat 4:4). Thirdly, we have to labour for Him to receive eternal life (Joh 6:27), because those who do not bear good fruit will be “hewn down, and cast into the fire” (Mat 7:19).

Indeed, spiritual food is far better than physical food. Our Lord Jesus is the bread of life who gave His life “for the life of the world” (Joh 6:51), so that “we might live through him” (1Jo 4:9). Therefore, let us not be overly concerned with the material things of this life and “spend money for that which is not bread” and “labour for that which satisfieth not” (Isa 55:2), rather let us “buy the truth, and sell it not” (Pro 23:23) and labour for that which shall not be “in vain” (1Co 15:58).



DON'T LET A GOOD VIRUS GO TO WASTE

BY BRO ALVIN CHAN

The company I work for has been surprisingly optimistic in this current time of crisis. Despite facing terrible business conditions, having to pay a hefty fine in the billions for corruption, having our customers default on business agreements, and having employees actually die from the Covid-19 virus, they have adopted a saying – don't let a good virus go to waste.

Seems ironic at first thought but it exudes so much wisdom on deeper study.

Now is the time for the business to upskill employees, engage customers on a deeper level, do higher level strategic planning, consolidate and focus resources on key activities, and prepare for a better future when things resume to normal.

Applying this to a personal level, the Covid-19 situation hasn't been great for us at all. Way of life has been impacted with the circuit breaker, business outlook remains bleak, people around us aren't in the best of health, and worry is the constant state we are in.

But it's also a good time to do some work for ourselves.



Don't Let A Good Virus Go To Waste

This period of spending more time at home gives us the opportunity to spend more time with our loved ones, improve relationships, and engage in more meaningful conversations with them. If you're not at the frontline of healthcare, chances are you will have more free time on your hands and this is an excellent time to improve your bible knowledge, contribute content to the church, and support its initiatives.

It's also a time for us to do more good works for society and contribute in God's good name - from physical delivery, to providing virtual company - your contribution can be in time and/or money if you never had either opportunity to do so.

Our period of discomfort or suffering should yield something positive just as Romans 5:3-5 said, that our sufferings should produce endurance, character, and hope.

And of course, for the frontline workers in healthcare and essential services without the luxury of free time but rather is

toiling endlessly for our wellbeing, thank you for keeping us safe and bringing whatever comfort we can enjoy. Our appreciation for them is another act of gratitude and kindness we can demonstrate.

Indeed, in this trying times we are in, all is not doom and gloom but rather opportunity. Brethren, let's not let this good virus go to waste.

Just as Jesus will come again and remove our trials and tribulations, so shall each individual incident like Covid-19 come to pass eventually. When Jesus comes, we will be made new. When Covid-19 passes, what newness will we have acquired and what will we have achieved besides staying at home?





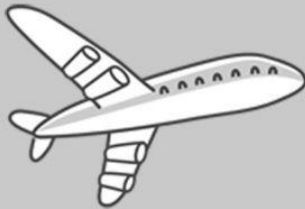
COVID-19

Let's pray fervently for the current Covid-19 pandemic, the health & safety of the brethren in essential businesses.



OVERSEAS

- Bro Kenneth Liong & sis Iris in San Francisco
- Sis Shuan Kwee in Hong Kong



HEALTH

- Sis Baby's, sis Yeoh's, sis Rosalind's, sis Swee Inn's & bro Winston's health
- Sis Suan Kiang's & sis Linda's health
- Bro Soo Ping's recovery from his spine surgery
- Sis Jasmine Lim's mother's recovery from fractured ankle

PREGNANCY

- Sis Wenyu (Apr)
- Sis Cynthia Lee (Jun)
- Sis Melissa (Aug)



NSF

- Bro Titus
- Bro Shawn
- Bro Zachary
- Bro Wei Xiang



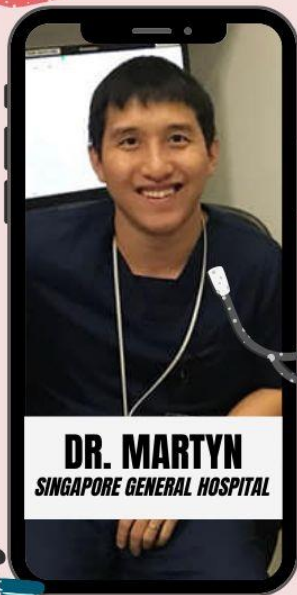
THIS WEEK

- 20 Apr (Mon)
- Jonalyn
- 23 Apr (Thu)
- Adriel

NEXT WEEK

- 27 Apr (Mon)
- Jaslyn
- 29 Apr (Wed)**
- Susan Goh

SPECIAL THANK YOU TO OUR BRETHREN IN HEALTHCARE



Also, spouses of our members (Dr. Jason [Sarah's husband], Dr. Stephanie [Martyn's wife], and our brethren from Eastside COC (Dr. Joel Lee, Dr. Grace, Mary Ann & Elsa)

Let's do our part to stay home, stay safe & stay healthy!