

29 MARCH 2020

LAP BULLETIN

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TUNE IN

Facebook LAP Live Stream @ 9.30am

Please ensure your TV/laptop system is working before Sunday.

Contact Ser Ern if you require access.

WE ARE HERE FOR YOU

Elders

Bro Jimmy Lau
Bro Michael Yeo

Deacons

Bro Jerry Cheong
Bro Benjamin Tan

Preacher

Bro Ernest Lau

Administrator

Sis Ser Ern



Men are strongly encouraged to conduct all 5 acts of worship in the homes.

Live Stream Sequence

Only serves as a guide in worship steps

1 Singing of hymns

Selected hymns on next 3 pages

2 Opening Prayer

3 Sermon

'5 reasons why I am happy'
by bro Ernest Lau

4 Prayer

Do It Yourselfes

5 Lord's Supper

1. The unleavened bread
2. The fruit of the vine

6 Giving



Holy, Holy, Holy!

59

NICAEA

2 12 12 10
Reginald Heber, 1826

Mt., *Hymn Tune & Service Book*, 1879

John B. Dykes, 1861

1. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!
 2. Ho - ly, ho - ly, ho - ly! All the saints a - dore Thee,
 3. Ho - ly, ho - ly, ho - ly! Tho' the dark - ness hide Thee,
 4. Ho - ly, ho - ly, ho - ly! Lord God Al - might - y!

Ear - ly in the morn - ing our song shall rise to Thee;
 Cast - ing down their gold - en crowns a - round the crys - tal sea;
 Tho' the eye of sin - ful man Thy glo - ry may not see;
 All Thy works shall praise Thy name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y!
 Cher - u - bim and ser - a - phim Fall - ing down be - fore Thee,
 On - ly Thou art ho - ly! There is none be - side Thee,
 Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y!

God o - ver all, and blest e - ter - nal - ly.
 Who wast, and art, and ev - er - more shalt be.
 Per - fect in pow'r, in love and pur - i - ty.
 God o - ver all, and blest e - ter - nal - ly.

71

It Is Well With My Soul

Philip P. Bliss, 1876

Horatio G. Spafford, 1873

1. When peace like a riv - er, at - tend - eth my way, When
 2. Tho' Sa - tan should buf - fet, tho' tri - als should come, Let
 3. My sin; O the bliss of this glo - ri - ous tho't!, My
 4. And, Lord, haste the day when the faith shall be sight, the

sor - rows like sea - bil - lows roll, What - ev - er my lot,
 this blest as - sur - ance con - trol. That Christ hath re - gard -
 sin, not in part, but the whole, Is nailed to His cross,
 clouds be rolled back as a scroll, The trump shall re - sound,

Thou has taught me to say, "It is well, it is well with my soul."
 ed my help - less es - tate, And hath shed His own blood for my soul.
 and I bear it no more, Praise the Lord, praise the Lord, O, my soul.
 and the Lord shall de - scend, "E - ven so" it is well with my soul.

CHORUS

It is well, It is well, with my soul, with my soul,

It is well, it is well with my soul.

64 I Know That My Redeemer Lives

Fred A. Fillmore, 1917

Fred A. Fillmore, 1917

1. I know (I know) that my Re - deem - er lives and ev - er
 2. He wills (He wills) that I should ho - ly be, in word, in
 3. I know (I know) that un - to sin - ful men His sav - ing
 4. I know (I know) that o - ver yon - der stands A place pre -

prays (and ev - er prays) for me; I know e - ter - nal
 tho't, (in word, in tho't,) in deed; Then I His ho - ly
 grace (His sav - ing grace) is nigh; I know that He will
 pared (a place pre - pared) for me; A home, a house not

CHORUS

life He gives, From sin and sor - row free. I know I know that
 face may see, When from this earth life freed. I know I know that
 come a - gain To take me home on high.
 made with hands, Most won - der - ful to see.

my Re - deem - er lives, I know, I know e - ter - nal life He gives;

I know, I know that my Re - deem - er lives.
 I know that my Re - deem - er lives, that



DAILY DEVOTION

BY BRO JIMMY LAU



**THEREFORE IF ANY MAN BE IN CHRIST, HE IS A NEW CREATURE: OLD THINGS ARE PASSED AWAY; BEHOLD, ALL THINGS ARE BECOME NEW.
(2 COR 5:7)**



Has anything changed since the day you were immersed by baptism into Christ? Paul said one who has been baptised into Christ becomes a new creature (creation). It means he is a new person. He is walking in newness of life (Rom 6:4). And, the reason he is a new person is that he has put on Christ: “For as many of you as have been baptized into Christ have put on Christ” (Gal 3:27). The analogy is of a person who has put on a new garment. And, the Christian garment is Christ.

To be “in Christ” denotes a relationship. And for the Christian, the affiliation is with Christ. In this relationship, Christ is the Master and we are His disciples. A disciple is a learner, a follower of his master. Christ is the Master teacher and as disciples, we follow His teachings and example (1 Pet 2:21).

A new relationship that is in Christ requires a change. Paul says: “he is a new creature.” The reason he is a “new creature” is that his “old things are passed away; behold, all things are become new.”

There is a change in the person: “All things are become new.”

Barnes comments: “No matter what they have been before, whether moral or immoral; whether infidels or speculative believers; whether amiable, or debased, sensual and polluted yet if they become Christians they all experience such a change as to make it proper to say they are a new creation” (Barnes’ Notes, e-sword).

The “new creature” is mentioned again in Eph 4:24: “And that ye put on the new man, which after God is created in righteousness and true holiness.”

The first sign of change can be seen in his character.

He is changed from sinner to saint; from a life of wickedness to a life of holiness. The new man in Christ Jesus is holy. He has to make changes in his life to become new. He has to have a:

1. New set of Moral Standards: "Let him that stole steal no more," (Eph 4:28).

2. New set of Social Standards: "Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful" (Psa 1:1).

3. New set of Ethical Standards: "Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things" (Phil 4:8).

4. New set of Spiritual Standards: "Thou shalt worship the Lord thy God, and him only shalt thou serve" (Matt 4:10).

5. New Set of Living Standards: "This is my commandment, That ye love one another, as I have loved you" (John 15:12).

6. New set of Working Standards: "Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life" (John 6:27).

7. New set of Communicating standards: "Let no corrupt communication proceed out of your mouth, but that which is good to the use of edifying, that it may minister grace unto the hearers" (Eph 4:29).

8. New set of Reading standards: "But his delight is in the law of the LORD; and in his law doth he meditate day and night" (Psa 1:2).

9. New set of Wealth standards: "That they do good, that they be rich in good works, ready to distribute, willing to communicate" (1 Tim 6:10).

10. New set of Achievement standards: "I press toward the mark for the prize of the high calling of God in Christ Jesus" (Phil 3:14).

Are you a new man in Christ? Let us set new standards in our life; a life that is set apart from this world. "And such were some of you: but ye are washed, but ye are sanctified, but ye are justified in the name of the Lord Jesus, and by the Spirit of our God" (1 Cor 6:11).



DO NOT BE ANXIOUS ABOUT ANYTHING (PHI 4:6)

BY BRO FARAND LIM

The Covid-19 pandemic has wreaked havoc across the world, with severe and wide reaching consequences. For many of us, it may likely be the most significant global crisis we have experienced in our lives thus far, certainly the most unique one. Over the last 1-2 months, the virus has brought about multi-faceted concerns, firstly whether we or our loved ones will be stricken with it, then perhaps financial and lifestyle anxieties and, lastly, worry over the fact that it seems to be ever escalating with no end in sight.

Yet, as Christians, we are reminded in Phi 4:6 that we are not to 'be anxious about anything'. Does this only apply for good times or minor worries? Or are we really able to apply it for all situations?

The Greek word translated into 'anxious' is *merimnāō*, meaning careful, worry or anxiety. What is interesting is its root word *mérimna* means 'a part as opposed to the whole'. A.T. Robertson, a NT Greek scholar, describes it as 'divided into parts', i.e. to be distracted.

Therein, lies the problem with anxiety. Excessive worrying distracts us from our purpose and our goal. (Phi 3:14) We need to be mindful not to be troubled like Martha was (Luk 10:41), knowing that it can potentially cause us to be unfruitful (Mat 13:22). Furthermore, anxiety in itself does not help nor solve the problem (Mat 6:27).

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**BE STILL AND
KNOW THAT
I AM GOD**

“

What We Should Do When Anxiety Hits

1. **'Be Still and Know that I am God'** – Psalms 46 talks of raging chaos on earth with roaring waters and shaking mountains. In the midst of the turmoil, however, lies the immovable city of God (v4). At present, when it seems like we are under the constant bombardment of negative news and distressing uncertainty, it can be similarly overwhelming. Yet in v10, we read - 'Be still and know that I Am God', a simple but commanding and calming statement. It is a reminder to us as Christians, when the world around us is in a state of panic and fear, we remain in the sanctuary of God; we are to be still. Keep calm, and take a moment to re-focus. Know that our God is all powerful and all controlling. After all, this pandemic, unique as it may be to us, is not new to Him (Ecc 1:9) and nothing that He has not given authority to occur (Rom 8:28).

Our God knows us. He knows what we need and will provide for us. (Mat 6:31-32) The question then is - do we know him?

An issue a lot of us would face, however, is that the anxiety we experience stems from the 'extras', things that we have that

are above and beyond what we need. We, rather understandably, have concerns of losing things in our possession such as our jobs or the lifestyle we enjoy. Take note though, it is this 'care of the world' (Mat 13:22) that can choke our faith.

2. **'Of a Sound Mind'** – Beyond the assurance that God gave us, He also gave us 'a sound mind' (2 Tim 1:7). We have a rational mind that is needed, now more so than before, to have the clarity to plan and act on what needs to be done. To ponder upon and act on what is within our sphere of control and even build up possible contingencies if necessary. Anxiety has no role here.

With clarity of mind, once we have removed ourselves from the panic, it would also be timely to put things in perspective. In Phi 4:8, 2 verses after Paul writes not to be anxious, he makes it a point to tell the church in Philippi to think positive instead. Indeed, even in times of crisis, there is usually a silver lining. Stuck at home? Use the time to read the bible, spend quality time with your family or look for opportunities to further serve!

3. **'Same Care One for Another'** –

Lastly, the use of *merimnáō* in the bible is mostly negative, but there are positive usages of the word. In 1 Cor 12:25, we are told to 'have the same care one for another'. In this case, *merimnáō* is used in the sense of effectively distributing concern.

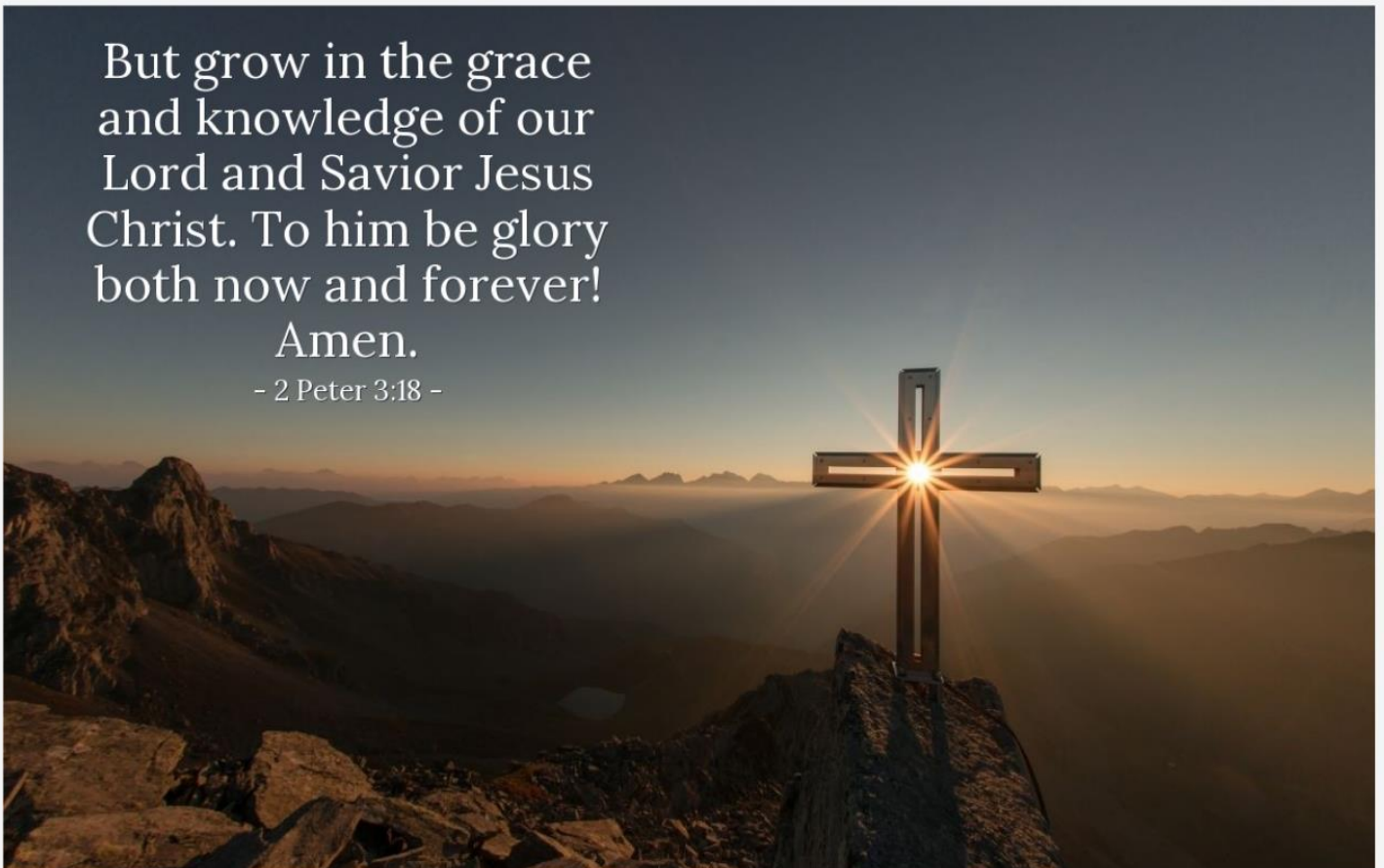
Now then, after pausing to refocus, and thinking things through accordingly with a sound mind, what's next? The godly thing that is expected of us, is to be concerned for our brethren around us. Reach out to those in need. See how we can support one another either financially, lending a helping hand or perhaps a word of encouragement.

In these trying times, I am also reminded of Peter in Mat 14:28-31. Peter in obeying Jesus had initially walked on water. However, when he saw the boisterous wind, he got distracted, then afraid, and began to sink. Jesus gently reprimanded him, 'O thou of little faith, wherefore didst thou doubt?' Brethren, it is precisely when external conditions are seemingly overwhelming, that we need to keep our eyes on Jesus and strengthen our faith, lest we sink. Let us all use this time instead to encourage one another and grow in faith (2 Pet 3:18).

But grow in the grace
and knowledge of our
Lord and Savior Jesus
Christ. To him be glory
both now and forever!

Amen.

- 2 Peter 3:18 -





WELCOME TO THE FAMILY OF GOD!

We rejoice over the baptism of **bro Charles** on 25 Mar! Let us give him a warm welcome into the family of God! His particulars are as follows:

Name: Charles Mendez



BIRTH OF BABY DANIEL CHAN!

Our heartiest congratulations to **bro Alvin & sis Jasmine Chan** on the birth of their baby boy, Daniel Chan Le An, on 26 March. They have requested for no visitation during this time. Please continue to pray for the health of both mother and child.

OVERSEAS

- Bro Kenneth Liong & sis Iris in San Francisco
- Sis Shuan Kwee in Hong Kong



HEALTH

- Sis Baby's, sis Yeoh's & sis Rosalind's health
- Sis Suan Kiang's & sis Linda's health
- Bro Soo Ping's recovery from his spine surgery
- Sis Jasmine Lim's mother's recovery from fractured ankle

PREGNANCY

- Sis Wenyu (Apr)
- Sis Cynthia Lee (Jun)
- Sis Melissa (Aug)



NSF

- Bro Titus
- Bro Shawn
- Bro Zachary
- Bro Wei Xiang



THIS WEEK

29 Mar (Sun)

- Kenneth

30 Mar (Mon)

- Celest

4 Apr (Sat)

- Juek Tiang

NEXT WEEK

5 Apr (Sun)

- Hwee Chin & Arthur

6 Apr (Mon) - Ser Ern

9 Apr (Thu) - Shuan Kwee

10 Apr (Fri) - Kok Leong

11 Apr (Sat) - Poh Teng

13 Apr (Mon)

- Jerry & Sau Ching

14 Apr (Tue)

- Peter & Henry Chee

15 Apr (Wed)

- Wenyu

20 Apr (Mon)

- Jonalyn

23 Apr (Thu)

- Adriel

27 Apr (Mon)

- Jaslyn

29 Apr (Wed)

- Susan Goh